

Semester 1 2026

Bachelor of Psychology and Counselling

First Year Units

Time	Tuesday	Wednesday	Thursday	Friday
MORNING	PSY101 Foundations of Psychology (lecture) 10-12pm online only	PSY102 Research Methodology and Statistics I 10.30am-12pm on campus TR3 / online	PCN101 Development Across the Lifespan 9.30-11am online only	
AFTERNOON		CAP101 Counselling Theories and Methods 2-4pm on campus TR3 / online	PSY101 Foundations of Psychology (tutorial) 12-1pm online only	

Second Year Units

Time	Tuesday	Wednesday	Thursday	Friday
MORNING		PCN201 Psychopathology and Mental Health 11.30am-1pm online only	PSY201 Social Psychology 11.30am – 1pm online only	
AFTERNOON	PSY202 Research Methodology and Statistics II 1pm – 2.30pm on campus TR5		CAP201 Foundations of CBT 2pm – 5pm on campus TR5	

Third Year Units

Time	Tuesday	Wednesday	Thursday	Friday
MORNING	CAP301 Working with Children and Adolescents 9am – 12pm on campus TR2			PSY302 Research Methodology & Statistics III 10.30am-12pm on campus TR5
AFTERNOON	CAP360 Counselling Placement Preparation 1pm – 4pm on campus TR2		CAP302 Trauma Informed Practice 3 – 4.30pm hybrid	